

ORIENTATION PROGRAMME 2026-27

Introduction

To commence the academic session 2026-27, our school organized a series of comprehensive Orientation Programmes across various grade levels. These sessions serve as a vital bridge between home and school, ensuring that parents and educators are aligned in their mission to nurture disciplined, healthy, and academically driven individuals. By focusing on the holistic development of every child—spiritually, mentally, and physically—we set the stage for a year of collaborative growth and success.

Principal's Message



Rev. Sr. emphasized that academic success is built upon a foundation of regularity, discipline, and punctuality, urging parents to ensure their wards attend school consistently. She highlighted that children learn best from their parents' actions and encouraged a "mentoring" rather than "managing" approach to parenting. A significant focus was placed on the holistic well-being of students, with recommendations to incorporate meditation, sincerity, and truthfulness into their daily routines. Furthermore, she expressed strong concern regarding digital distractions, advising parents to strictly monitor and limit mobile phone usage to prevent hindrance to their child's overall development and focus.

1. Building Foundations: Class III Orientation (March 24, 2026)

The orientation for Class III focused on aligning the home and school environments to support the **Foundational Stage** of the National Education Policy (NEP 2020).

- **Vision & Discipline:** The session opened with a divine prayer, followed by an emphasis on core values. Parents were reminded that punctuality, proper school uniform, and daily manners are the building blocks of a student's character.
- **NEP 2020 & Academics:** A key highlight was the briefing on the **Holistic Report Card**. This new assessment focuses on all-around development rather than just marks, reflecting the updated exam patterns for younger learners.
- **Health & Wellness:** Resource person **Dr. Sweety Parpayani** delivered a vibrant session on the "Rainbow Plate," encouraging fresh fruits and vegetables while warning against processed "packet" foods. She provided practical hygiene targets: 20-second hand washing and 3-minute brushing.
- **Parental Engagement:** The interaction saw parents like Shweta Senthya and Sarita Choudhary praising the management's focus on lifestyle habits. The event concluded with a vote of thanks and a token of appreciation for Dr. Parpayani.



2. Stepping into Senior School: Class VIII to Class IX (March 27, 2026)

As students enter the secondary level, this orientation focused on academic accountability and the "5 Cs" of mental resilience.

- **Academic Rigour:** The Principal highlighted that Class IX requires a higher level of consistency. Parents were urged to ensure regular attendance and to strictly monitor digital distractions. Examination Incharge **Mamta Agarwal** detailed the periodic and term exam patterns, emphasizing the diary as a vital communication tool.
- **The "5 Cs" of Mental Health:** Resource person **Dr. Anamika Mishra** delivered a thought-provoking talk on the psychological well-being of teenagers. She introduced the 5 Cs: *Competence, Confidence, Connection, Character, and Caring*.
- **Holistic Development:** Dr. Mishra advised parents to build their child's self-esteem rather than focusing solely on grades. She encouraged participation in sports and arts to help students manage the academic stress naturally associated with the senior years.

- **Interactive Dialogue:** The session ended with a robust Q&A, where school authorities addressed parental concerns regarding the transition to board-level preparation.



3. Navigating the Transition: Class V to Class VI (March 28, 2026)

This programme was specifically designed to help students and parents manage the significant shift from primary to middle school.

- **Welcoming the Change:** Hosted by Mrs. Poonam Arora and Mrs. Reeta Bohare, the session aimed to familiarize families with a more complex curriculum and new teaching methodologies.
- **Leadership & Values:** Rev. Sister addressed the gathering, praising the students' punctuality. She stressed the importance of meditation, sincerity, and—crucially—limiting mobile phone usage to foster better focus.
- **Adolescence & Health:** Guest speaker **Dr. Shashibala Bhosle Sao** conducted an essential session on adolescence awareness. She discussed the physical and emotional challenges of this age group and introduced the importance of the **HPV vaccination** for cancer prevention in children aged 9–14.
- **Operational Guidelines:** Mrs. Deepmala and Mrs. Mamta Agarwal briefed the audience on school diary rules and the new examination patterns, ensuring everyone was prepared for the increased academic rigour.



4. Embarking on the Journey: Class I Orientation (March 30, 2026)

The final orientation welcomed the youngest members of the school community, marking the start of their formal educational journey for the 2026-27 session.

- **A Spiritual Start:** The programme began with a solemn prayer, invoking blessings for the children as they take their first steps into primary education.
- **Collaborative Partnership:** Led by **Dr. Muskaan Thakur**, the session was designed to bridge the gap between home and school. The primary goal was to establish a clear understanding of the school's culture, discipline, and the support systems available to new students.
- **Engagement & Insight:** Dr. Thakur's engaging delivery helped parents feel at ease, providing them with the necessary tools and information to ensure their children's successful integration into the school's academic and social fabric.



Conclusion

The 2026-27 Orientation Series concluded on a high note, leaving parents feeling empowered and students ready to embrace their new academic challenges. By addressing physical health, mental resilience, and academic shifts, the school has reaffirmed its commitment to a **holistic education**. We extend our heartfelt gratitude to the resource persons, the management, Coordinators-Mrs. Usha Singh, Mrs. Chetna Chachra, Mrs. Shobha Thakur and the dedicated staff for their efforts in making these sessions a resounding success.